



**Regional Community Advisory Committee (RCAC)
Region 1 - Antelope Valley, Palmdale, Lancaster, Santa Clarita
Committee Summary**

L.A. Care Family Resource Center – Palmdale
2072 East Palmdale Blvd., Palmdale, CA 93550
Tuesday, December 19, 2017
10:00 a.m. - 12:30 p.m.

MEMBERS

GUESTS/PUBLIC

Maria Angeles Cruz	()	Adela Guadarrama, <i>Chair</i>	()	<u>COMMUNITY PARTNERS</u>		Isaac Ibarlucea, <i>Spanish Interpreter</i>
Maria Teresa Caballero	()	Pamela Harris	(E)	LAC DPH - SPA 1		Shelly Hash, <i>Spanish Interpreter</i>
Maria Lourdes Caballero	(E)	Rut Hernández	()	Antelope Valley Partners for Health		Wilma Ballew, <i>Guest</i>
Amanda Calzada	()	Marsha Diana Jackson	()	Independent Living Center of So. Cal.		Demetria Saffore, <i>Guest</i>
Maria Camacho	()	Russell Mahler	()			Miriam Gonzalez, <i>Guest</i>
Daniela Castillo	(E)	Adriana Martínez	(E)	<u>STAFF/MANAGEMENT</u>		Isidra Auparo De Leon, <i>Guest</i>
Deena Des Voigne	()	Pedro Martinez	(E)	Kristina Chung, <i>Field Specialist</i>		Wendy Trujillo, <i>Guest</i>
Alicia Flores	()	Maria Mayoral	()	Jose Ricardo Rivas, <i>Liaison</i>		
Lupe Galvez	()	Antonia Rodas	()			
Rita Gamboa	()	Maria Teresa Trujillo	()			
Laura Gonzalez	()					

**Attendance: (16) Members, (0) Community Partners, (0) Providers, (7) Public, (2) Staff
() present, (E) excused absence, (U) unexcused absence**

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	WELCOME & INTRODUCTIONS	<ul style="list-style-type: none"> Adela Guadarrama, <i>Chair</i>, called the meeting to order at 10:05 a.m. and asked everyone to introduce themselves. Ms. Guadarrama reviewed the meeting's Ground Rules.

<p>II.</p>	<p>BUSINESS Approval of Agenda & Meeting Summary</p> <p>Adela Guadarrama, Chair</p>	<ul style="list-style-type: none"> • Ms. Kristina Chung, <i>Field Specialist</i>, reviewed the meeting agenda and folder. • The agenda was approved as presented. • Ms. Guadarrama asked the committee to review the October 20, 2017 meeting summary. • The meeting summary was approved as presented. <p>Members received a copy of the ECAC report to review. Members who attended the ECAC and Board of Governors (BOG) meetings gave a report on the following:</p> <p><u>November 2017 ECAC Report</u></p> <ul style="list-style-type: none"> • Maria Lourdes Caballeros – Maria was not at the RCAC meeting to provide a report. • Adela Guadarrama <ul style="list-style-type: none"> ○ Members were reminded to call Member Services if they need transportation for their doctor’s appointments. ○ A member issue that was discussed was the long wait times at clinics. <p><u>December 2017 ECAC</u></p> <ul style="list-style-type: none"> • Amanda Calzada – There will be a new program called <i>I-Speak Advocacy</i> that will be launched in January. The program will include 6 trainings. • Adela Guadarrama - CCI 1 (Antelope Valley) shared their member issue. <ul style="list-style-type: none"> ○ A motion was requested to have L.A. Care investigate emergency room services at Antelope Valley Hospital. ○ This motion was brought forward due to a little girl dying in the ER of Antelope Valley Hospital. <p><u>November 2017 BOG Report</u></p> <ul style="list-style-type: none"> • There was no meeting in November. <p><u>December 2017 BOG Report</u></p> <ul style="list-style-type: none"> • Daniela Castillo – Daniela was not at the RCAC meeting to provide a report. • Adela Guadarrama – DC3, a clinic in Downtown LA, will be closing due to fraud. It is located at 78 W. College Street, Los Angeles, CA. <p><u>ECAC Meeting Attendance</u></p> <ul style="list-style-type: none"> • Rita Gamboa will attend the January 10, 2018 ECAC meeting at L.A. Care Health Plan.
-------------------	--	---

	<p>CO&E Report</p> <p>Kristina Chung, <i>Field Specialist</i></p>	<ul style="list-style-type: none"> • Laura Gonzalez will attend the February 14, 2018 ECAC meeting at L.A. Care Health Plan. <p><u>BOG Meeting Attendance</u></p> <ul style="list-style-type: none"> • There is no BOG meeting in January 2018. • Alicia Flores will attend the February 8, 2018 BOG meeting at L.A. Care Health Plan. <p><u>I-Speak Advocacy Program</u></p> <ul style="list-style-type: none"> • L.A. Care is starting a new education program called “<i>I-Speak Advocacy</i>”. • RCAC members who currently do not hold the position of Chair or Vice-Chair are eligible to apply. • The following are requirements of the Program: <ul style="list-style-type: none"> ○ Be able to participate in six (6) monthly trainings at L.A. Care’s office starting January 2018. ○ Be able to participate in two (2) Advocacy education updates by phone. ○ Be available for possible travel to Sacramento for legislative office visits. ○ Able to complete a short application stating why you desire to participate in the program. • Two members from each advisory committee will be selected. • The application deadline is Wednesday, January 3, 2018. <p><u>2018 Chair/Vice-Chair Elections</u></p> <ul style="list-style-type: none"> • RCAC Chair and Vice Chair nominations will start during the February/March meeting cycles and the elections will be held during the April/May meeting cycles. <p><u>\$25 Member Engagement</u></p> <ul style="list-style-type: none"> • All eligible RCAC members will receive a \$25 member engagement incentive. <p><u>2017 ECAC Leadership Training Presentation</u></p> <ul style="list-style-type: none"> • Adela Guadarrama, <i>Chair</i>, provided an overview of the trainings that she received last year. • The following are the 5 topics that were covered in the ECAC Leadership Trainings: <ol style="list-style-type: none"> 1. How We listen is How We Communicate 2. Understanding L.A. Care Business 3. Motivating and Leading Member Issues 4. Diversity & Inclusion 5. Advocacy • The next ECAC Leadership Training will be on Friday, January 26, 2018. The Training is mandatory for all Chairs,
--	---	--

		<p>Vice-Chairs and At-Large members.</p> <p><u>CCI Meeting Schedule</u> The 2018 CCI meeting schedule was passed out.</p> <p><u>Member Acknowledgement Form</u> Kristina Chung reviewed the form and asked members who did not attend the Conference to sign it and turn it in.</p> <p><u>Operating Rules</u></p> <ul style="list-style-type: none"> • ECAC approved the changes to the Operating Rules in December. • The motion will be placed on the Board agenda for February 8, 2018. A 30 day public posting period is required before changes to the Operating Rules can be effective.
III.	GET UP & MOVE	<ul style="list-style-type: none"> • Members took a 15 minute stretch break.
IV.	REGIONAL ISSUES	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> • Rut Hernández spoke about the social determinants of health that was discussed at the Conference. • She proposed that RCAC 1 discuss the following priorities in the Antelope Valley at the next meeting: <ul style="list-style-type: none"> ○ Homelessness ○ Lack of jobs ○ Sexual abuse ○ Other local issues
V.	COMMUNITY AFFAIRS	<p>A. <u>Health Topic</u> The Health Topic for this meeting is Sexually Transmitted Diseases (STD) Prevention</p>
VI.	RCAC/COMMUNITY WORK-PLANS	<p><u>2018 RCAC Work Plan Project</u> The 2018 Work Plan Project will have two parts.</p> <p>1. Outreach</p> <ul style="list-style-type: none"> - Starting in February, all RCACs will be trained on three health topics (diabetes, heart health and cancer screening). - Members will be asked to attend 2-3 community events in their area, with approval of CO&E staff, and outreach on the topics they have been trained on.

		<p>2. Community Partnerships</p> <ul style="list-style-type: none"> - Based on the needs of the community, each RCAC will either choose either Women’s Health or Diabetes for their Community Partnership. - RCAC 1 chose Women’s Health. - Members were asked to identify clinics, agencies, and/or organizations that focus on women’s health. - The following members volunteered to be a part of the committee that will help review the applications: <ul style="list-style-type: none"> o Antonia Rodas o Rut Hernández o Russell Mahler o Alicia Flores o Alternate – Maria Angeles Cruz
VII.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> • Amanda Calzada requested a presentation from the Behavioral Health Department on their services. • A public member asked for more information on housing.
VIII.	PUBLIC COMMENTS	<ul style="list-style-type: none"> • Antonia Rodas shared that there is a new hospital that is located at 5 W. Palmdale Blvd. Her husband who has Medi-Cal was sent to receive services at Olive View Medical Center. • Wilma Ballew, <i>CCI 2 Chair</i>, shared that she appreciates RCAC 1’s commitment to improve the health of Antelope Valley communities. She also congratulated Adela Guadarrama for her growth as a Chair. • Legacy Commons for Active Seniors, a program of the City of Palmdale, has health fairs for the community.
IX.	EVALUATIONS	<ul style="list-style-type: none"> • Members were reminded to complete and turn in the meeting evaluation included in their packets.
X.	ADJOURNMENT	<ul style="list-style-type: none"> • The meeting was adjourned at 12:35pm. • The next RCAC meeting is scheduled for Friday, February 16, 2018 from 10:00 a.m. to 12:30 p.m.

Submitted by: _____
Kristina Chung, *Community Outreach & Engagement Specialist*

Approved by: _____
Maria Adela Torres - Guadarrama, *RCAC 1 Chair*

		<p>2. Community Partnerships</p> <ul style="list-style-type: none"> - Based on the needs of the community, each RCAC will either choose either Women’s Health or Diabetes for their Community Partnership. - RCAC 1 chose Women’s Health. - Members were asked to identify clinics, agencies, and/or organizations that focus on women’s health. - The following members volunteered to be a part of the committee that will help review the applications: <ul style="list-style-type: none"> o Antonia Rodas o Rut Hernández o Russell Mahler o Alicia Flores o Alternate – Maria Angeles Cruz
VII.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> • Amanda Calzada requested a presentation from the Behavioral Health Department on their services. • A public member asked for more information on housing.
VIII.	PUBLIC COMMENTS	<ul style="list-style-type: none"> • Antonia Rodas shared that there is a new hospital that is located at 5 W. Palmdale Blvd. Her husband who has Medi-Cal was sent to receive services at Olive View Medical Center. • Wilma Ballew, <i>CCI 2 Chair</i>, shared that she appreciates RCAC 1’s commitment to improve the health of Antelope Valley communities. She also congratulated Adela Guadarrama for her growth as a Chair. • Legacy Commons for Active Seniors, a program of the City of Palmdale, has health fairs for the community.
IX.	EVALUATIONS	<ul style="list-style-type: none"> • Members were reminded to complete and turn in the meeting evaluation included in their packets.
X.	ADJOURNMENT	<ul style="list-style-type: none"> • The meeting was adjourned at 12:35pm. • The next RCAC meeting is scheduled for Friday, February 16, 2018 from 10:00 a.m. to 12:30 p.m.

Submitted by:
Kristina Chung, *Community Outreach*

ment Specialist

Approved by: Adela Guadarrama
Maria Adela Torres - Guadarrama, *RCAC 1 Chair*