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**Regional Community Advisory Committee (RCAC)
Region 3 – Alhambra, Pasadena, Foothill - Committee Summary**

Rosemead Community Center
3936 Muscatel Avenue, Room 4
Rosemead, CA 91770
Tuesday, August 15, 2017
9:30 A.M. - 12:00 P.M.

MEMBERS

				<u>GUESTS/PUBLIC</u>	<u>STAFF</u>
Margaret “Maggie” Belton, <i>Vice-Chair</i>	()	Lidia Parra	()		
Cynthia Conteas-Wood, <i>Chair, Community Partner</i>	()	Marta Ramirez	(U)	Eduardo Kogan, <i>Interpreter</i>	Kristina Chung, <i>Field Specialist</i>
Adán N. Fernández	()	Veronica Ramirez, <i>Community Partner</i>	(E)	Shelly Hash, <i>Interpreter</i>	Victor Rodriguez, <i>Liaison</i>
Shekelia Harvey	()	Devon Rax, <i>Provider</i>	()	Angelica Marquez, <i>Public</i>	Jose Avila, <i>Member Relations Navigator</i>
Daniel W. Kwong	()	Gonzalo Sandoval	(U)	Whitney Harrison, <i>Public</i>	Idalia Chitica, <i>Field Specialist Supervisor</i>
Fung Ha Leung Kwong	(E)	Roberto Santos	()		Torhon Barnes, <i>Manager-Behavioral Health</i>
Anna Ochoa, <i>Community Partner</i>	(E)	Mirsa Serrano, <i>Community Partner</i>	(E)		Desiree Gutierrez, <i>Regional Center Liaison</i>
Oleeta Igar, <i>Community Partner</i>	()	Rosa Ureña	()		Veronica Belmonte, <i>Behavioral Health Specialist</i>

**Attendance: Members (7), Community Partners (2), Providers (1), Public (4), Staff (7)
() present, (E) excused absence, (U) unexcused absence**

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I.	WELCOME & INTRODUCTIONS	<p>Cynthia Conteas-Wood, <i>RCAC 3 Chair</i>, called the meeting to order. Everyone introduced themselves.</p> <p>Maggie Belton, <i>RCAC 3 Vice-Chair</i>, reviewed the ground rules for the meeting:</p> <ul style="list-style-type: none">• We treat each other with respect• Only one member talks at a time• We don't have side discussions• We do not personally attack each other• We speak up when something is wrong or not working: we confront issues directly• Raise your hand and wait to be called on• Put cell phones on vibrate <p>Kristina Chung, <i>Field Specialist</i>, reviewed the meeting agenda and packet.</p>
II.	BUSINESS Approval of Agenda & Meeting Summary ECAC Report	<p>Approval of Agenda & Meeting Summary</p> <ul style="list-style-type: none">• The agenda was approved as presented.• The June 2017 summary was approved as presented. <p><u>July 2017 ECAC Report</u></p> <ul style="list-style-type: none">• Daniel Kwong reported on the following:<ul style="list-style-type: none">○ Dr. Richard Seidman, L.A. Care's <i>Chief Medical Officer</i>, shared that when there are injuries, physical therapy that is supervised by expert physical therapists can help.○ Daniel shared that after his mother's injury, he assisted her in receiving physical therapy and her treatment is helping her get better.• Cynthia Conteas-Wood, <i>Chair</i>, reported that the Operating Rules did not pass at the ECAC meeting.• Maggie Belton, <i>Vice-Chair</i>, reported that the ECAC Ad Hoc Committee for Meeting Effectiveness met on June 29, 2017. The committee provided recommendations. A copy of the report may be requested by contacting the Community Outreach & Engagement (CO&E) Department.

- ul 2017 Board of Governors BOG Report – Roberto Santos Marie Belton
- There was no report.

RCAC Members Attending ECAC

- Devon Rax will attend the September 13, 2017 ECAC meeting.
- Rosa Ureña will attend the October 11, 2017 ECAC meeting.

RCAC Members Attending Board of Governors BOG

- Adan Fernandez will attend the September 7, 2017 BOG meeting. This meeting will be an off-site retreat.
- Daniel Kwong will attend the October 5, 2017 BOG meeting.

Members were reminded that if they volunteer to attend the ECAC or the BOG meetings, they will be responsible for reporting back to the RCAC.

CO&E Report

Kristina Chung, *Field Specialist*

Revision to Consumer Advisory Committee Member Operating Rules

- Kristina Chung, *Field Specialist*, reported that the revisions to the Operating Rules did not pass at the July ECAC meeting. Updates will be provided as they become available.

“Members in Focus” (Fall Conference)

- The Fall Conference scheduled for Friday, September 22, 2017 will be cancelled.
- Information on the 2018 work plan and goals for the New Year will be addressed during our individual meetings.
- The plan moving forward will include:
 - evaluating the current operations of the RCACs
 - looking at new way in which we can re-engage advisory members to serve their intended purpose
 - partner with members to move our work in a new direction
- If you have any question, please contact Francisco Oaxaca at ext. 4142.

List of Legislators

- All RCAC members received a list of Assembly Members and Senators. Kristina Chung explained that the list is personalized and based on the members’ zip codes.

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	<p>Victor Rodriguez, <i>Liaison</i></p>	<p><u>John Baackes' Letter to Members</u></p> <ul style="list-style-type: none"> • Victor Rodriguez, <i>Liaison</i>, reviewed the letter from John Baackes regarding L.A. Care's efforts on the repeal of the Affordable Care Act. <p><u>August Leadership Training</u></p> <ul style="list-style-type: none"> • The fourth ECAC Leadership Training is scheduled for Wednesday, August 16, 2017 at L.A. Care Health Plan from 8:30 a.m. to 4:00 p.m. This training is mandatory for all Chairs, Vice-Chairs and At-Large members. <p><u>New Member Orientation</u></p> <ul style="list-style-type: none"> • The New Member Orientation will be on Monday, September 8, 2017 at L.A. Care Health Plan from 8:30 a.m. to 12:00 p.m.
<p>III.</p>	<p>GET UP AND MOVE</p>	<ul style="list-style-type: none"> • Members stretched and took a break.
<p>IV.</p>	<p>REGIONAL ISSUES <i>Group</i></p>	<ul style="list-style-type: none"> • A member who has Covered CA through Molina had a question regarding the OBGYN. She said that on Molina's website it states that women don't need prior authorization for preventative services. She contacted Molina who provided her a list of OBGYNs. When she called one of the providers, they told her that since she does not belong to their clinic that she could not receive services. When she called Molina, they told her that people in California do need referrals for OBGYNs. The members disagreed because on the website it stated that Californians did not need a referral. Molina said that OBGYNs are Specialists so the PCP needs to provide a referral. Jose Avila, <i>Health Navigator</i>, shared that members can select an OBGYN as their PCP.
<p>V.</p>	<p>COMMUNITY AFFAIRS</p>	<p>Health Topic – Complementary & Alternative Medicine</p> <ul style="list-style-type: none"> • Information on complementary and alternative medicine was passed out. <p><u>Autism/ASD Benefit Presentation</u></p> <ul style="list-style-type: none"> • The Behavioral Health Department presented on Autism and Autism Spectrum Disorder (ASD) benefits with L.A. Care Health Plan. • Children with Autism/ASD have a developmental disability that may or may not impair functioning in one or more of the following areas: <ul style="list-style-type: none"> ○ Socialization/Social Interactions with Others ○ Verbal and Nonverbal Communication ○ Repetitive Behaviors

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		<ul style="list-style-type: none"> ○ Problem Behaviors ● If children show symptoms of Autism, they should be seen by a Primary Care Physician as soon as possible for treatment and referral to a Regional Center. ● A list of Regional Centers was provided. ● Members were encouraged to contact the Behavioral Health Department for more information. ● A one page fact sheet will be provided at the next RCAC 3 meeting.
VI.	RCAC/COMMUNITY WORK-PLAN Group	<p><u>2017 RCAC Work Plan Projects</u></p> <p><u>Young & Healthy</u></p> <ul style="list-style-type: none"> ● Whitney Harrison, <i>Program Director</i>, thanked RCAC members for helping put together the dental kits for the Fall school year. ● With L.A. Care’s support, Young & Healthy was able to update their dental education materials for Pasadena Unified School District’s 1st grade students. ● RCAC were also invited to become a volunteer during the school year to help assist teachers in the classroom. <p><u>Foothill Unity Center</u></p> <ul style="list-style-type: none"> ● Foothill Unity Center offered dental exams and education at their 19th Annual Back to School Event on August 8, 2017. ● Five hundred fifty three children participated and 140 children received screenings.
VII.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> ● Maggie Belton suggested that we review the Meeting Effectiveness Ad-hoc committee recommendations at the next meeting.
VIII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> ● Members were reminded to fill out and turn in their meeting evaluations.
IX.	PUBLIC COMMENTS	<ul style="list-style-type: none"> ● ChapCare, RCAC 3’s new <i>Community Partner</i>, provided information on their services. <ul style="list-style-type: none"> ○ They are a federally qualified health center that serves the San Gabriel Valley with 8 clinic locations. ○ ChapCare provides the following services: <ul style="list-style-type: none"> ▪ Primary care, OBGYN, Optometry, Pediatrics, Podiatry health insurance enrollment ○ A new dental clinic just opened at the El Monte clinic. ○ For people who don’t have proper identification, they can receive services at a low cost at Foothill Unity Center in Pasadena.

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X.	ADJOURNMENT	<ul style="list-style-type: none">• The meeting was adjourned at 12:00 p.m.• The next RCAC meeting is scheduled for Tuesday, October 17, 2017 from 9:30 AM - 12:00 PM and will be held at the Rosemead Community Center located at 3936 Muscatel Avenue, Room 4, Rosemead, California 91770.
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Respectfully Submitted by:


Kristina Chung, *Field Specialist*

Approved by:

Cynthia Fontenas-Wood, *RCAC 3 Chair*