



**Regional Community Advisory Committee (RCAC)
Region 2 - Van Nuys, Pacoima, West Hills, North Hills, Arleta, Sepulveda**

Committee Summary

L.A. Care Family Resource Center - Pacoima
10807 San Fernando Road, Pacoima, CA 91331
Monday, April 16, 2018
10:00am - 12:30pm

MEMBERS

		<u>COMMUNITY PARTNERS</u>	<u>GUESTS/PUBLIC</u>
Maricruz Alvarez	(P)		
Chun (Michael) Choe	(P)	LAC DPH - SPA 2	Shelly Hash, <i>Spanish Interpreter</i>
Elizabeth Cooper	(P)	AMPM Home Health Agency	Eduardo Kogan, <i>Spanish Interpreter</i>
Maria Sara Monico Elias	(P)	Youth Policy Institute	Sina New, <i>Khmer Interpreter</i>
Janet Henderson	(P)	NEVHC - WIC	Samedy Chhum, <i>Khmer Interpreter</i>
Estela Lara	(P)	Roberta Newton	Wilma Ballew, <i>Guest</i>
Diana Leff	(P)		Hanane Wehbe, <i>Guest</i>
Channary Lim	(P)	<u>STAFF/MANAGEMENT</u>	
Virginia Martinez	(P)	Kristina Chung, <i>Field Specialist</i>	
Sophie Mom	(E)	Jose Ricardo Rivas, <i>Liaison</i>	
Sina Nhek	(P)	Idalia De La Torre, <i>CO&E Supervisor</i>	
Maria G. Ramos	(P)	Marisa Celio, <i>Health Navigator</i>	
Ana Rodriguez, <i>Chair</i>	(P)	Layla Gonzalez-Delgado, <i>Board Member</i>	
Socrates Rodriguez	(E)		
Soriya Sun	(P)		

**Attendance: 13 Members, 0 Community Partners, 0 Providers, 6 Public, 5 Staff
(P) present, (E) excused absence, (U) unexcused absence**

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW- UP
I.	WELCOME & INTRODUCTIONS	<ul style="list-style-type: none"> • Ana Rodriguez, <i>Chair</i>, called the meeting to order and asked everyone to introduce themselves. • Virginia Martinez read the meeting ground rules.
II.	BUSINESS Approval of Agenda & Summary Ana Rodriguez, <i>Chair</i>	<p><u>Approval of Agenda & Meeting Summary</u></p> <ul style="list-style-type: none"> • Ms. Kristina Chung, <i>Field Specialist</i>, reviewed the meeting agenda. She explained that the agenda is very full and reminded members to stay focused and limit disruptions. • Estela Lara was concerned that the discussion on increasing the stipend is being pushed to the August meeting. She said that she brought up the agenda item in December 2017 and does not understand why there is a delay. <ul style="list-style-type: none"> ○ As previously mentioned at the February RCAC 2 meeting, Ms. Chung explained that the next 3 RCAC meetings (February, April and June) will have full agendas due to the 3 health trainings (Diabetes, Heart Health, and Cancer Screenings) for the work plan. Therefore, future agenda items will be discussed at the August meeting to ensure enough time for this discussion. ○ Idalia De La Torre, <i>Supervisor</i>, reminded members that they also need to come prepared to discuss why the increase is necessary. ○ Ms. Chung also explained that there is a process to adding future agenda items. If a member brings up a new agenda item, the committee as a whole must first agree to have it at a future meeting. <u>No individual member</u> has the power to add agenda items. L.A. Care cannot guarantee that the item will be added to the <u>next</u> scheduled RCAC meeting. The timing of the new item depends on the availability of time on the agenda and the set agenda items that have been developed by L.A. Care’s management. Ms. Chung asked the members for flexibility in this matter. • Ms. Elizabeth Cooper stated that there should be time on the agenda for members to discuss items. • Ms. Maria Ramos reminded members to stick to the agenda in order to cover all the items. • The meeting agenda was approved by the group with one abstention. • Ms. Rodriguez asked the group to review the February 2018 meeting summary. Ms. Lara brought forth revisions to the summary: <ul style="list-style-type: none"> ○ Rosa Avalos is no longer a member and should be removed from the roster. ○ Attendance should be changed to 12 members. ○ The number of public members should be changed to 6. ○ The December 2017 meeting summary was postponed because members did not receive the summary in the mail.

- On page 4, under the Stipend section, Ms. Lara stated that the month of June was mentioned, not August. Kristina will listen to the recording to clarify the date.
- The summary was approved with changes.

March 2018 ECAC Report (Channary Lim)

- There was no Khmer interpreter at the March meeting so Channary could not provide a report.

April 2018 ECAC Report (Virginia Martinez)

- Members should request an interpreter and not use family members when speaking with the doctor.
- Members can have their medication delivered.
- Members should notify L.A. Care if your contact information has changed.
- The Nurse line is available for members if they would like to speak with someone before they go to Urgent Care.

March 2018 BOG Report

- There was no meeting in March.

April 2018 BOG Report (Sina Nheck)

- L.A. Care is providing assistance to 2,000 families.
- L.A. Care provides information in 10 different languages.

**Ms. Cooper brought up the issue of cultural diversity and homelessness.

**Mr. Michael Choe reminded members to minimize interruptions and speak on agenda items.

ECAC Meeting Attendance

- Maria Ramos will attend the May 9, 2018 ECAC meeting at L.A. Care Health Plan.
- Maricruz Alvarez will attend the June 13, 2018 ECAC meeting at L.A. Care Health Plan.

Board of Governors (BOG) Meeting Attendance

- Michael Choe will attend the May 3, 2018 BOG meeting.
- Soriya Sun will attend the June 7, 2018 BOG meeting.

**Ms. Chung notified the group that Ms. Laura Rhone resigned from her Vice-Chair position. She will be moving to Houston Texas.

CO&E Report

Kristina Chung, *Field Specialist*

2018 RCAC Chair Elections

- Ms. Chung reviewed the following list of candidates for the Chair position:
 - Socrates Rodriguez, Michael Choe, Estela Lara and Ana Rodriguez
 - Socrates was not present at the meeting so his name was removed.
 - Before the start of the elections, Ms. Chung asked if there were any other members interested in running. No additional candidates were added.
 - Ms. Cooper asked if she can give her vote to another member. Ms. Chitica explained that if a member is a candidate and chooses not to vote for themselves, they must choose another candidate. They cannot give their vote to another member.
 - Ms. Cooper expressed that more time is needed for the election.
 - All the candidates introduced themselves and talked about their background and why they are running.
 - A total of 13 members were present at the meeting. A winner is selected if they receive a total of 8 votes (50% +1 rule).
 - A couple of members expressed their concern that the current Chair does not speak English. Ms. Chung reminded members that speaking English is not a requirement to be part of the RCAC's leadership. Interpretation is available for those that need it.
 - There were 4 rounds of voting:
 - Round 1 – Michael Choe (2)
 - Estela Lara (5)
 - Ana Rodriguez (6)
 - Round 2 – Michael Choe (2)
 - Estela Lara (6)
 - Ana Rodriguez (5)
 - Round 3 – Michael Choe (1)
 - Estela Lara (6)
 - Ana Rodriguez (6)
 - Round 4 – Michael Choe removed himself as a candidate
 - Estela Lara (8)
 - Ana Rodriguez (5)
 - Estela Lara was selected as the New Chair.
- Due to time restrictions, the Vice-Chair elections will take place at the June meeting.

Consumer Advisory Committee Transportation Guidelines

		<ul style="list-style-type: none"> • Due to limited time, members were asked to review the transportation guidelines and to follow up with staff if there are any questions. <p><u>L.A. Care Transportation Benefit</u></p> <ul style="list-style-type: none"> • Idalia De La Torre, <i>Supervisor</i>, shared that L.A. Care has hired consultants to find out if members are using the transportation benefit. • Members were asked the following questions: <ul style="list-style-type: none"> ○ Have you used the transportation benefit? ○ Did you know that L.A. Care provides this benefit? • Ms. De La Torre explained that all Medi-Cal members have this benefit.
III.	GET UP & MOVE	Due to limited time, there was no break.
IV.	REGIONAL ISSUES	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> • No member issues were discussed.
V.	<p>RCAC/COMMUNITY WORK-PLAN</p> <p>Kristina Chung, <i>Field Specialist</i></p>	<p><u>2018 RCAC Work Plan Project</u></p> <p>1. Community Partnerships</p> <ul style="list-style-type: none"> • RCAC 2 received 3 applications for the Diabetes Community Partnership. <ol style="list-style-type: none"> 1. Comprehensive Community Health Centers 2. Valley Care Community Consortium 3. Partners in Care Foundation • The following members have volunteered to be a part of the review committee: <ol style="list-style-type: none"> 1. Ms. Elizabeth Cooper 2. Janet Henderson 3. Ana Rodriguez 4. Estela Lara 5. Virginia Martinez Alternate: Soriya Sun • Ms. Chung will coordinate a day and time for the review committee to meet at L.A. Care’s offices. <p>2. Health Education Training – Heart Health</p> <ul style="list-style-type: none"> • Ms. Chung and Ricardo Rivas, <i>Liaison</i>, provided a training on Heart Health.

		<ul style="list-style-type: none"> • Members learned about the following: <ul style="list-style-type: none"> ○ What is Heart Disease? ○ Risk Factors – health conditions, lifestyle and family characteristics ○ Symptoms of Heart Disease - high blood pressure, high cholesterol, stroke and heart attack ○ Prevention of Diabetes – healthy diet, exercise, limit alcohol, avoid tobacco ○ Exams and Tests – check blood pressure, cholesterol, weight ○ Health Resources • Members took a pre and post test to measure how much they learned from the training. <p>3. Outreach Events</p> <ul style="list-style-type: none"> • RCAC 2 will participate in the following events: <ul style="list-style-type: none"> ○ The second event will be at the Pacoima Charter School Community Resource Fair on May 3, 2018 from 6-8pm. The school is located at 11016 Norris Ave., Pacoima, CA 91331. ○ The third outreach event will be the Back to School event at the Pacoima Family Resource Center on July 28th. The time of the event is yet to be determined. ○ Ms. Cooper stated that it is not fair that members did not have a say in which events to participate in. ○ Ms. Ana Rodriguez, <i>Chair</i>, explained that members were asked to forward events to the staff. Since members did not forward any events, the staff have identified the events.
VI.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> • No items were discussed.
VII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> • Members were reminded to complete and turn in the meeting evaluation included in their packets.
VIII.	PUBLIC COMMENT	<ul style="list-style-type: none"> • A DMV Fact Sheet about the Federal REAL ID Act Requirements was passed out. • The National Institute of Health (NIH) News in Health Bulletin was also passed out.
IX.	ADJOURNMENT	<ul style="list-style-type: none"> • The meeting ended at 12:35 P.M. • The next RCAC 2 meeting will be on Monday, June 18, 2018 from 10:00 am to 12:30 pm at L.A. Care’s Family Resource Center – Pacoima (10807 San Fernando Road, Pacoima, CA 91331).

Submitted by: _____
Kristina Chung, *Community Outreach & Engagement Field Specialist*

Approved by: _____
Ana Rodriguez, *RCAC 2 Chair*

DRAFT

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