



Regional Community Advisory Committee (RCAC)
Region 8 - San Pedro, Torrance, Wilmington - Committee Summary
Providence Community Health Wellness & Activity Center

470 N. Hawaiian Avenue
 Wilmington, CA 90744
 Friday, January 19, 2018
 10:30 AM - 1:00 PM

MEMBERS: 13

STAFF/MANAGEMENT

Maria Alvarez	(P)	Janeth Sevilla	(U)			Martin Vicente, <i>Field Specialist</i>
Dioselina Garcia	(P)	Maria Isabel Tamayo, <i>Vice Chair</i>	(P)			Victor Rodriguez, <i>Liaison</i>
Judith Lemaroy	(P)	Higinio Carrillo	(P)			Marcela Perez Ceballos, <i>Health Navigator, Member Services Department, L.A. Care Health Plan</i>
María N. López	(P)	Maria Montes, <i>Chair</i>	(P)			
Rita Elizabeth Montes	(P)	Raul Montes	(P)			<u>GUESTS/PUBLIC</u>
Rosario Moreno	(P)	Belen Garcia	(P)			Hilda Perez, <i>L.A. Care Board Member</i>
Ana Romo	(P)					

Attendance: 12 Members, 0 Community Partners, 1 Public, 5 Staff
(P) present, (E) excused absence, (U) unexcused absence

	AGENDA ITEM	SUMMARY OF DISCUSSION AND FOLLOW-UP
I.	WELCOME & INTRODUCTIONS	<u>L.A. Care's Mission Statement / Three Pillars of CO&E and RCACs</u> <ul style="list-style-type: none"> • RCAC members read the L.A. Care's Mission statement and the three pillars of Community Outreach and Engagement. (Health Promotion, Health Advocacy and Partnership). • RCAC members reviewed the RCAC meeting "Ground Rules" prior to the start of the meeting. • Maria Montes, <i>RCAC Chair</i> called the meeting to order at 10:30 a.m. • Everyone introduced themselves.

Maria Montes, *Chair*
Maria Isabel Tamayo,
Vice-Chair

RCAC Chair and Vice-Chair Nominations and Elections

- Members were informed that the Chair and Vice Chair nominations and elections were going to be done in the months of February and March 2018 for nominations and April and May for elections.
- Members were informed the individuals elected for these two position were going to receive a series of trainings before they assume their roles as Chairs and Vice Chair in the month of October 2018.
- Members were informed that Mrs. Montes is still eligible and Mrs. Tamayo is no longer eligible as she has termed out.

“I Speak” Training

- Rosario Moreno and Maria Lopez RCAC 8 members, were the members elected to attend the “I Speak” training. They expressed the satisfaction they feel when attending the training. Mrs. Moreno and Mrs. Lopez informed members that they learned about advocacy, international health and how the health care system works in the U.S.
- Members were informed that this classes were focused on training members on advocacy at different levels, to get them ready to attend Legislative Day in Sacramento as well as local Legislative Office Visits.

Leadership Training Chair and Vice-Chair Presentation

- Maria Montes, RCAC 8 Chair and Maria Isabel Tamayo RCAC 8 Vice-Chair gave a presentation about the ECAC Leadership trainings for 2017. Mrs. Montes and Mrs. Tamayo presented the following:
 - February 2017 training was about “How We Listen is How We Communicate”. The class focus on key factors of engaging in a good communication.
 - April 2017 members learned about “L.A. Care Business”. They informed about five very important departments in L.A. Care that focus on health care delivery and quality of care for L.A. Care members. Some of those departments are Pharmacy, Customer Solution Center, Utilization Management, Provider Network and Facility Site review.
 - June 2017 focused on “Motivating and Leading Member Issues & Meeting Facilitation”. This training focus on the differences of a good meeting vs. a bad meeting, and about motions. Members also learned about meeting agendas and the process of approving a motion.
 - August 2017 training was about “What is Diversity and Inclusion”. Members learned about how to create a safe space for discussion. Members learned about managing diverse groups which includes ethnicity, age, gender, nationality and education.
 - September 2017 the theme was “Advocacy”. Members learned about different types of advocacy.

Board of Governors Meeting Attendance

- Judith Lemaroy will attend Thursday February 8, 2018 Board of Governors meeting substituting Raul Montes.
- Dioselina Garcia will attend the February 14, 2018 ECAC meeting.

III.	GET UP & MOVE	<ul style="list-style-type: none"> All RCAC members took a 5 minute break.
IV.	REGIONAL ISSUES Group	<p><u>Member Issues</u></p> <ul style="list-style-type: none"> Members inquire about the previous issue of cervical cancer screening changed from every year to every 3 years. Members agreed that Mrs. Montes followed up on the issue at ECAC in February. A potential motion was moved to be brought forward at ECAC regarding cervical cancer screening. Martin Vicente informed members he will inquire about this issue to verify if the motion could be brought forward to ECAC in February. Members were also informed that an L.A. Care Health Navigator was available during the meeting if they have personal issues.
V.	COMMUNITY AFFAIRS	<p><u>Monthly Health Topic - "Cervical Cancer"</u></p> <ul style="list-style-type: none"> A handout was distributed to everyone.
VI.	RCAC/COMMUNITY WORK-PLAN	<p><u>Work-Plan 2016/2017</u></p> <ul style="list-style-type: none"> Members were give a brief description about the two RCAC work plan projects for 2018. <p><u>L.A. Care Community Partnership</u></p> <ul style="list-style-type: none"> The first project is called L.A. Care Community Partnership, this project consist of sponsoring a Community Based Organization including schools and churches that organize, events or have some type of program focused on one of the following two topic; Diabetes or Women's Health. The organization will have to go through an application and review process and will be chosen based on their program or event. Members were informed that they will have to vote to choose a topic and also create a committee that will review the applications. RCAC members reviewed and discussed the two topics and voted in favor of Women's Health. Martin Vicente asked for volunteers for the review committee and the following members volunteer: <ul style="list-style-type: none"> Ana Romo Rosario Moreno Elizabeth Montes Maria Montes The members of the subcommittee were informed they will receive more information about when the subcommittee will meet to review the application. <p><u>RCAC Work Plan Preventive Health Outreach Topic</u></p> <ul style="list-style-type: none"> Members were informed that the training topics for the upcoming RCAC outreach program are: Diabetes, Heart Health and Cancer Screening. Member were informed that the first training will be on "Diabetes". They were informed that staff will received training in January and staff will be giving the training to RCAC 8 member in March 2018.

		<ul style="list-style-type: none"> Members were informed that their outreach efforts will start as soon as they receive the first training on diabetes. Members were informed that they will be doing outreach on this three topics by distributing information at different venues in their communities The events will be identified by staff, but members were encouraged to inform staff about any events happening in their communities. Staff will be at the events to support members. <p><u>Goal of the Work Plans</u></p> <ul style="list-style-type: none"> Members were informed that these two projects were identified as disparities by data obtain from the Healthcare Effectiveness Data and Information Set (HEDIS), this is a tool used to measure healthcare plans performance. They were informed that by offering this programs L.A. Care seeks to obtain better scores and improve the quality of care for the communities they serve.
VII.	FUTURE AGENDA ITEMS	<ul style="list-style-type: none"> Members will like more information about Emergency and Urgent Care.
VIII.	MEETING EVALUATIONS	<ul style="list-style-type: none"> All RCAC members took a few minutes to complete their meeting evaluation forms.
IX.	PUBLIC COMMENTS <i>Public</i>	<ul style="list-style-type: none"> Refael Garcia, representative from Providence Medical Center, informed members that the center is hosting a mental health class. He informed members that this class has a goal of improving mental health. The class will be on January 20th from 9:00 a.m. to 11:00 a.m. at Providence Medical Center. The classes will run for 9 weeks. Mr. Garcia informed members that on Saturday January 27 at Providence Medical Center will start a Community Garden. He invited RCAC members and also requested for members to share the information to other members of the community.
X.	ADJOURNMENT	<ul style="list-style-type: none"> The meeting was adjourned at 1:00 p.m. The next RCAC 8 meeting is scheduled for Friday, March 16, 2018 from 10:30 a.m. - 1:00 p.m. at Providence Community Health Wellness & Activity Center at 470 N. Hawaiian Avenue, Wilmington, CA 90744. Wilmington Blvd., Wilmington CA 90744.

Respectfully Submitted by:
Martin Vicente, *Community Outreach Field Specialist*

Approved by:
Maria Montes, *Chair*

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