

Care Management Guide For Referral

L.A. Care's High Risk & Complex Care Management programs are designed to help members understand their current health status, health care needs, and treatment plan. In order to be eligible for the High Risk program, members must have multiple unmanaged chronic conditions and/or evidence of functional decline. Eligibility for the Complex Care Management program is reserved for the most at-risk members who display both medical severity and associated high-cost utilization. Some examples of triggers used to identify members appropriate for L.A. Care CM are outlined below.

Specific Diagnosis Triggers include (but are not limited to):

- ⌘ Major Recent Physical Trauma or new onset of Paralysis, Paraplegia or Quadriplegia (diagnosed within 90 days)
- ⌘ Severe Neuromuscular Disorder
- ⌘ Advanced Organ Failure
- ⌘ Major Organ Transplant
- ⌘ Pediatric or Metastatic Cancer
- ⌘ Complex NICU (e.g. gestation less than 28 weeks at birth, or birth weight <500 grams)

Social Triggers may include (but are not limited to):

- ⌘ Functional Decline
- ⌘ Homelessness
- ⌘ Recent loss of caregiver

Utilization Triggers are:

- ⌘ 4 or more ER visits in past 6 months
- ⌘ 3 or more inpatient admissions in past 12 months
- ⌘ Total care projected to exceed \$100,000 in 12 months

L.A. Care's Care Management department will review referrals and will make final determination on the member risk level and CM services best aligned to meet the members' needs.

