

## WELL CHILD ASSESSMENT – 4 TO 5 YEARS

|   |    |         |                        |         |  |   |  |               |       |       |
|---|----|---------|------------------------|---------|--|---|--|---------------|-------|-------|
| AGE:  |    | WEIGHT: |                        | HEIGHT: |  | BP:   |  |               |       |       |
| TEMP:   |    | PULSE   |                        | RESP.   |  | HGB/HCT:  |  | MA Signature: |       |       |
| Hearing<br>1000      2000      3000      4000   |    |         |                        | Vision  |  | Urine   |  |               |       |       |
| L   | dB | dB      | dB                     | dB      | L  | R   | Protein  | Sugar         | Blood | Other |
| R   | dB | dB      | dB                     | dB      | Both   |   |  |               |       |       |
| INTERVAL HISTORY  |    |         |                        |         | DEVELOPMENT <input type="checkbox"/> NORMAL <input type="checkbox"/> ABNORMAL  |   |  |               |       |       |
| Diet:   |    |         |                        |         | <input type="checkbox"/> Buttons Up (4.2 yr.)  |   | <input type="checkbox"/> Draws Man             |               |       |       |
| Illness:  |    |         |                        |         | <input type="checkbox"/> Copies Square (4.4 yr.)   |   | <input type="checkbox"/> Follows 3 Commands    |               |       |       |
| Problems:   |    |         |                        |         | <input type="checkbox"/> Recognizes 3 Colors   |   | <input type="checkbox"/> Tolerates Separation  |               |       |       |
| Immunization Reaction:  |    |         |                        |         | <input type="checkbox"/> Throws Ball   |   | <input type="checkbox"/> Fully Potty Trained   |               |       |       |
| Parental Concerns:  |    |         |                        |         | <input type="checkbox"/> Hops on 1 Foot (4.9 yr.)  |   | <input type="checkbox"/> Speech Understandable |               |       |       |
| PHYSICAL EXAMINATION    PM 160 <input type="checkbox"/> Yes <input type="checkbox"/> No |    |         |                        |         | EDUCATION    (Circle Items Discussed)  |   |  |               |       |       |
|   | N  | AB      | ABNORMALITIES/COMMENTS |         |  | Nutrition: 3 Meals and Snacks, Importance of Breakfast<br>Tobacco: Second-Hand Smoke  |  |               |       |       |
| General Appearance  |    |         |                        |         |  | Safety: Safety Belts, Bicycle Safety, Burns, Water Safety<br>Matches, Watch Outdoor Play, Swimming<br>Lessons, Lead Poisoning   |  |               |       |       |
| Nutrition   |    |         |                        |         |  | Parenting: TV Programs, School, Role Playing,<br>Aggression, Sexual Abuse   |  |               |       |       |
| Skin  |    |         |                        |         |  | Dental: Preventive Dental Visits, Brushing, Flossing<br><input type="checkbox"/> Growing Up Healthy Brochure given  |  |               |       |       |
| Head, Neck & Nodes  |    |         |                        |         |  | TB RISK ASSESSMENT <input type="checkbox"/> No Risk <input type="checkbox"/> Risk   |  |               |       |       |
| Eyes/ Eq Reflex   |    |         |                        |         |  | ASSESSMENT:<br><br><br><br><br><br><br><br><br><br>PPD Results: _____ Date _____  |  |               |       |       |
| ENT/Hearing   |    |         |                        |         |  |   |  |               |       |       |
| Mouth/Dental"   |    |         |                        |         |  |   |  |               |       |       |
| Heart   |    |         |                        |         |  |   |  |               |       |       |
| Abdomen   |    |         |                        |         |  |   |  |               |       |       |
| Ext. Genitalia  |    |         |                        |         |  |   |  |               |       |       |
| Back  |    |         |                        |         |  |   |  |               |       |       |
| Extremities/Hips  |    |         |                        |         |  |   |  |               |       |       |
| Neurological  |    |         |                        |         |  | PLAN  |  |               |       |       |
| Fem. Pulses   |    |         |                        |         |  | <input type="checkbox"/> Refer for Preventive Dental Care<br><br><input type="checkbox"/> DTaP #5 <input type="checkbox"/> IPV #4 <input type="checkbox"/> MMR #2 <input type="checkbox"/> PPD<br><br>Next Visit: _____ |  |               |       |       |
| Patient Name/ID Number:   |    |         |                        |         | TOBACCO ASSESSMENT   |   |  |               |       |       |
|   |    |         |                        |         | 1. Patient is exposed to Passive (second-hand) Tobacco Smoke. <input type="checkbox"/> Yes <input type="checkbox"/> No<br><br>2. Tobacco Used by Patient. <input type="checkbox"/> Yes <input type="checkbox"/> No<br><br>3. Counseled about/Referred for Tobacco Use Prevention/Cessation. <input type="checkbox"/> Yes <input type="checkbox"/> No |   |  |               |       |       |
|   |    |         |                        |         | Exam Date: _____   |   |  |               |       |       |
|   |    |         |                        |         | Provider Signature _____   |   |  |               |       |       |