

# Vaccinate Your Patients Against Flu

**Please start offering the flu shot to all patients six months of age and older.**

Use the **SHARE** method by the CDC to encourage the flu shot:

**SHARE** reasons why the flu shot is right for your patient.

**HIGHLIGHT** positive experiences with the flu shot.

**ADDRESS** patient questions and concerns about the flu shot.

**REMINDE** patients the flu shot is needed every year for the best protection.

**EXPLAIN** the potential costs of getting sick with the flu including lost time at work and spreading the flu to others.

**Providers are the most trusted source of vaccine information and advice.**

- **Remind patients by phone, text, mail, and/or email to get vaccinated**
- **The flu shot is FREE for L.A. Care members**
- **Every in person visit is an opportunity to educate and vaccinate**
- **Offer flu shots as soon as possible (typically in September)**

L.A. Care actively promotes the annual flu vaccine to members in multiple ways. As such, providers should anticipate an influx of members needing the flu vaccine. This is also an opportunity to provide the pneumococcal vaccine to patients 65 years and older.

For more information about this year's flu vaccination, please visit the Los Angeles County Department of Public Health at <http://publichealth.lacounty.gov/acd/Flu.htm> or access L.A. Care Health Plan's Flu and Covid-19 Provider Tools and Resources available at <https://www.lacare.org/providers/provider-resources/tools-toolkits/flu-and-covid-19-resources>.

